



## Champlain Senior Center Participant Guidelines

This document contains details about:

1. Attendance Requirements for Participants
2. Check in procedures
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4. Meal Time
5. Program Activities
6. Check out Procedures

**NOTICE: ANYONE** showing symptoms of COVID-19, has been in contact with someone with COVID-19 in the last 14 days, has been tested and are awaiting results, or are at high risk due to underlying health conditions will **NOT** be allowed to participate.

Participants are encouraged to talk to their healthcare provider to assess their individual risk and to determine if they should attend the center.

Participant Waiver: Each participant will need to sign a participant waiver to attend the Senior Center. This waiver is required for all Burlington Parks, Recreation & Waterfront participants regarding COVID 19, and includes your contact information so we can reach you in the event someone becomes sick.

A copy of the waiver form is attached to sign and bring in.

### 1) Attendance

You must call ahead (Sarah Carter @ 316-1510) to reserve a spot. If you do not sign up you will not be able to stay.

- The Champlain Senior Center will be open on Tuesdays and Thursdays from 11:00am-1:30pm, beginning July 21<sup>st</sup>.
- Check in is between 11:00am-11:30am. Check out is 1:00pm-1:30pm.
- You can sign up for one day only.
- Please call Sarah Carter @ 802-316-1510 to sign up.
- We have a limited seating capacity of 16 per day due to Covid-19 Guidelines.
- Do not assume that we know what days you will be attending. You must call 802-316-1510 to reserve a space for Tuesday or Thursday.

## 2) Check In Procedures

Please arrive between 11:00-11:30 for check in. The handicapped entrance is locked and a staff person will be available from 11:00-11:30 for check in.

- The programming space for the Senior Center will be the event hall on the first floor.
- The Senior Center's entrance will be the handicapped accessible hallway. This is the only entrance for seniors to use. Please do not use any other entrances into the building.
- When you arrive, your temperature will be checked as you exit the SSTA bus or as you arrive at the handicapped door. If your temperature registers 100.4 or above you will not be able to attend for that day. Please refer to State of Vermont Guidelines in the information that is provided.
- SSTA will be providing transportation for the participants that require transportation to and from the center. SSTA will be following the State of Vermont Guidelines regarding wearing of masks and number of riders permitted on the van. They will not be checking temperatures as the participants get on the van. They will ask them the required questions.
- After checking in, all participants are required to wash their hands. Remember to wash your hands for 20 seconds.

## 3) Seating

- As you enter the event hall a staff person will show you where your numbered seating is for the day. Please follow the arrows on the floor to your seat.
- There will be two people seated at a table for physical distancing.
- Coffee and pastries will come around to you. Please do not get up unless you need to use the restroom. If you need a refill let one of the staff know.

## 4) Lunch Time

- Before lunch is served tables will be dismissed to wash hands. Do not get up until your table is dismissed to wash hands.
- Lunch will be a bagged lunch that is handed out by staff. They will come to the table with the bagged lunches.
- Trash will also be collected at each table by staff.
- Lunch will be served at 12:00pm, noon. This is the only time lunch will be served. If you arrive late you will not be served. Staff will be sanitizing after lunch and late arrivals make this process difficult.

#### 5) Program Activities

- Card Bingo - If you wish to play card bingo each participant will be given their own deck of cards to play and staff will be the caller. There is no sharing of cards. You must bring your deck of cards to play card bingo.
- During program activities 6 feet physical distancing will be practiced.
- Please bring your bingo card for bingo days.
- If anytime during your visit you feel sick please notify a staff member immediately.

#### 6) Check Out

- As buses arrive the staff will escort you to the bus.
- It is recommended that you wait outside for transportation maintaining a 6ft distance from each other including on the benches.
- Prior to leaving the building you will be required to wash your hands

#### Reminders

- No outside bags will be allowed into the event hall. Keep those at home. You may bring a small bag for knitting &, sewing. Backpacks will be allowed in the event space. Bags will not be allowed inside the event hall. If you bring them they will need to be left in the hallway.
- You must wear a mask covering your mouth and nose at all times.
- Stay 6ft or more from other participants and staff.
- Wash or sanitize your hands regularly.
- Do not bring bags of items to the Center.
- Call and sign up for one day per week - either Tuesday or Thursday. Call Sarah Carter - 802-316-1510.
- Animals will not be allowed in the event hall unless designated trained service animals.