

Champlain Senior Center Meals
May 2019

Monday	Tuesday	Wednesday	Thursday	Friday
		<p style="text-align: center;">1</p> <p>Hot Turkey Sandwich Mashed Potatoes Zucchini Pumpkin Cookie</p> 	<p style="text-align: center;">2</p> <p>Swedish Steak Vegetable Rice Pilaf Carrots Pineapple, Mandarin Oranges and Yogurt</p> 	<p style="text-align: center;">3</p> <p>Oven Roasted Pork with Apple Sauce Sweet Potatoes Vegetable Blend Fruited Jell-O with Cream</p> 
<p style="text-align: center;">6</p> <p>Beef, Vegetable and Potato Stew Broccoli Pears</p> 	<p style="text-align: center;">7</p> <p>Chicken Marsala Mashed Potatoes Mixed Vegetables Blueberry Crisp with Cream</p> 	<p style="text-align: center;">8</p> <p>Glazed Beef Steak with Cheddar Baked Beans with Maple Syrup Garden Peas Clementine's</p> 	<p style="text-align: center;">9</p> <p>Chicken, Corn and Potato Chowder Oriental Vegetables Melon</p> 	<p style="text-align: center;">10</p> <p>BBQ Riblet Diced Carrots with Dill Mashed Cauliflower Banana Bread</p> 
<p style="text-align: center;">13</p> <p>Beef Burgundy Rotini Noodles Harvard Beets Pineapple Chunks</p> 	<p style="text-align: center;">14</p> <p>Lasagna Rollups with Tomato Marinara Meat Sauce Vegetable Blend Pumpkin Bar with Raisins</p> 	<p style="text-align: center;">15</p> <p>Egg Salad with Cabbage and Grape 4 Bean Salad Broccoli Salad Orange Gelatin with Oranges</p> 	<p style="text-align: center;">16</p> <p>Roast Pork with Raisin Sauce Mashed Sweet Potatoes Scandinavian Vegetables Apple Crisp with Topping</p> 	<p style="text-align: center;">17</p> <p>BBQ Beefsteak Mashed Potatoes Peas and Onions Peaches</p> 
<p style="text-align: center;">20</p> <p>Mini Penne Pasta with Cheese and Canadian Bacon Cranberry Muffin Cauliflower Cantaloupe</p> 	<p style="text-align: center;">21</p> <p>Scalloped Potatoes with Turkey and Cheddar Cheese Carrots Blueberry Muffin Sliced Apples with Cinnamon</p> 	<p style="text-align: center;">22</p> <p>Chicken Breast with Sweet and Sour Sauce Brown Rice Pilaf with Vegetables Brussel Sprouts Pineapple Tidbits</p> 	<p style="text-align: center;">23</p> <p>Roast Turkey and Gravy Mashed Potatoes Winter Squash Cranberry Sauce Oatmeal Bars</p> 	<p style="text-align: center;">24</p> <p>Macaroni and Cheese Broccoli Florets Sliced Carrots Mandarin Oranges with Cream</p> 
<p style="text-align: center;">27</p> <p>Memorial Day Holiday No Meals</p>	<p style="text-align: center;">28</p> <p>Pork Loin Topped with Warm Applesauce Baked Potato Wedges Zucchini Banana Cookies</p> 	<p style="text-align: center;">29</p> <p>Spinach and Cheese Quiche Winter Mixed Vegetables Applesauce</p> 	<p style="text-align: center;">30</p> <p>Turkey Patty with Sauce Mashed Potatoes Sliced Carrots Peaches and Pears</p> 	<p style="text-align: center;">31</p> <p>Shepard's Pie with Corn Mashed Potatoes Broccoli Florets Oatmeal Cookie with Raisins</p> 