

Champlain Senior Center Meals
April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">1</p> <p>Chicken Breast with Peppers Baked Beans Broccoli Florets Ricotta Cheese Bar with Craisins and Dates</p> 	<p style="text-align: center;">2</p> <p>Baked Salmon with Honey Ginger Sauce Rotini with Vegetables Sliced Carrots Oranges</p> 	<p style="text-align: center;">3</p> <p>Yankee Pot Roast Mashed Potatoes Whole Beets Chocolate Craisin Bar</p>  <p style="text-align: center;"><small>k3214565 fotosearch ©</small></p>	<p style="text-align: center;">4</p> <p>Shepherd's Pie with Corn Seasoned Green Beans Diced Pears</p> 	<p style="text-align: center;">5</p> <p>Lasagna Rollette with Marinara Sauce Garden Peas Mandarin Oranges with Cream</p>  <p style="text-align: center;"><small>k7392811 fotosearch ©</small></p>
<p style="text-align: center;">8</p> <p>Pork Loin with Apple Cider Sauce Diced Home Fries Broccoli Florets Carrot Cake</p> 	<p style="text-align: center;">9</p> <p>Sausage, Spinach, and Onion Quiche Rice Pilaf with Vegetables Sliced Carrots Watermelon</p> 	<p style="text-align: center;">10</p> <p>Meatball Stroganoff with Sour Cream and Mushrooms Diced Potatoes Squash Corn Bread Muffin Fruit Medley</p> 	<p style="text-align: center;">11</p> <p>Chicken and Biscuit Diced Carrots Broccoli Florets Apple Cake</p> 	<p style="text-align: center;">12</p> <p>Vegetable Pie Rice Pilaf Brussel Sprouts Tapioca Pudding with Peaches and Cream</p> 
<p style="text-align: center;">15</p> <p>Baked Stuffed Chicken Breast Mashed Potatoes Baby Carrots Berry Crisp</p> 	<p style="text-align: center;">16</p> <p>Cavatappi with Cheese Peas and Onions Summer Squash Mandarin Oranges and Cream</p> 	<p style="text-align: center;">17</p> <p>Chicken Fingers with Sauce Carrots Rice with Vegetables and Black Beans Pineapple Chunks</p> 	<p style="text-align: center;">18</p> <p>BBQ Pork Loin Mashed Potatoes Broccoli Florets Apricots</p> 	<p style="text-align: center;">19</p> <p>Baked Penne Pasta with Mozzarella Cheese Succotash Baked Apple Slices with Cinnamon</p>  <p style="text-align: center;"><small>www.shutterstock.com • 64002382</small></p>
<p style="text-align: center;">22</p> <p>Beef Tips with Mushrooms and Onions Pasta Salad Peas Cantaloupe</p> 	<p style="text-align: center;">23</p> <p>Scalloped Potatoes with Ham and Cheddar Cheese Vegetable Blend with Cannellini Bean Pumpkin Chip Cookies</p> 	<p style="text-align: center;">24</p> <p>Sweet and Sour Pork with Sauce Cut Fettuccini Pasta Corn Pineapple Tidbits</p> 	<p style="text-align: center;">25</p> <p>Cheese Ravioli with Red Meat Sauce and Parmesan Cheese Broccoli Florets Peaches</p> 	<p style="text-align: center;">26</p> <p>Chicken Tarragon Vegetable Rice Pilaf Chopped Spinach Tropical Fruit Salad</p> 
<p style="text-align: center;">29</p> <p>Turkey Ala King Mashed Potatoes Harvard Beets Pumpkin Custard with Cream</p> 	<p style="text-align: center;">30</p> <p>Hungarian Goulash Diced Potatoes with Parsley Brussel Sprouts Applesauce with Cinnamon</p>  <p style="text-align: center;"><small>© Can Stock Photo - csp7911829</small></p>			