

# Have Fun. Stay Safe.



American Red Cross



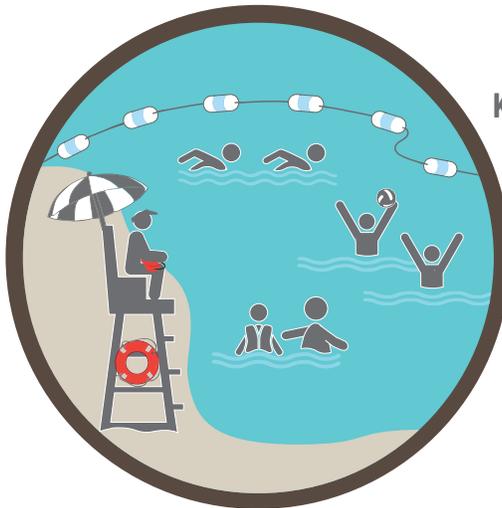
## Think, So You Don't Sink.

Learn swimming, water-safety  
and survival skills



## Look Before You Leap.

Know what lies beneath the water.  
Depth and currents  
can be deceiving.



## Swim as a Pair Near a Lifeguard Chair.

Never swim alone.  
Adults keep children  
within reach.



## Too Much Sun Is No Fun.

Wear sunscreen and  
sun-protective clothing.



## Reach or Throw. Don't Go.

Keep yourself safe.  
Use a tool to help a friend.



BURLINGTON  
PARKS  
RECREATION  
WATERFRONT

Illustrations and text courtesy of The American National Red Cross

See Reverse for Translations provided in: Somali, Swahili, French, Vietnamese, & Nepali

**Have Fun. Stay Safe. • ku raaxee madadaalada nabadgelyo •  
Furahia. Baki salama. • Amusez Vous. Soyez en Sécurité. • Cú Vui vè.  
Giũ an toàn. • मजा लिनुहोस्, सुरक्षित रहनुहोस् •**



**Think, So You Don't Sink. • ka feker si aanad i dhicin • Fikilia, ili usizame. • Réfléchir pour ne pas aller au fond • Suy nghĩ, không bị chìm. • विचार पुराउनुहोस्, त्यसो गर्दा तपाईं डुब्नु हुन्न •**

Learn swimming, water-safety and survival skills • baro dabaasha, amnga biyaha iyo xirfadaha badbaada •  
• Jifunze jinsi yakuogelea, ujuzi wa maji-salama na kuishi. • Apprendre natation, des techniques de sécurité aquatique et de survie dans l'eau • Học bơi lội, an toàn trong nước và các kỹ năng thoát chết . •  
पौडी खेलन , पानीमा सुरक्षित रहन र जीवित रहने कौशलताहरु वा सिपहरु सिक्नुहोस् •



**Swim as a Pair Near a Lifeguard Chair. • kudabaalo meel kudhow qofka ilaaliyo daabaasha •  
Ogelea mukiwa wawili karibu na kiti cha yule anayechunga wanaoogelea. • Nagez avec quelqu'un près d'un maître nageur sauveteur • Bơi có đôi gần nơi cứu hộ người. • लाईफगार्ड चेयर वा जीवनरक्षक कुर्शीको छेउमा एक जोडीको रुपमा पौडी खेलनुहोस् •**

Never swim alone. Adults keep children within reach. • weligaa hadabaali kaligaa qofka weyn hailaaliyo carurruta • Ogelea mukiwa wawili karibu na kiti cha yule anayechunga wanaoogelea. Kamwe usiogelea pekeyako. Wazazi msiwaachie watoto waende mbali na nyie. • Ne nagez jamais seul. Enfants à proximité d'un adulte. • Không bao giờ bơi một mình. Người lớn Giữ trẻ em trong tầm tay. • एकलै पौडी कहिले पानी नखेलनुहोस् वयस्क व्यक्ति वा ठुला व्यक्तिहरुले बच्चाहरुलाई आफ्नो पहुँचमा राख्नु पर्दछ •



**Look Before You Leap. • intaadan falin kafiirso • Kabla ya kuanza. • Regardez avant de plonger •  
Trông trước khi phóng. • उफ्रनु वा छलांग मारनु अघि राम्ररी हेर्नुहोस् •**

Know what lies beneath the water. Depth and currents can be deceiving. • hakisirmin maogaankartidid wax kujiro biyah hoostooda • Elewa kilichomo ndani yamaji. Kina na mawingu ya maji vinaweza kukudanganya •  
• Sachez ce qu'il y a sous l'eau. Méfiez vous des profondeurs et des courants. • Biết những gì nằm bên dưới mặt nước. Chiều sâu và dòng nước có thể lừa mắt bạn. • पानीको तल फेदमा के छ भनेर जान्नुहोस् वा पल्टा लगाउनुहोस् गहिराइ र पानीको धाराहरु वटा थोका हुन सक्छ •



**Reach or Throw. Don't Go. • gaar ama tuur hatagin • Fikia au tupilia. Usiende. • Tendre ou Lancer, Ne jamais y aller • Vói hay thả. Đừng nhảy theo. • पुग्ने गरि लम्कनुहोस् वा फ्याक्नुहोस् । तर नजानुहोस् •**

Keep yourself safe. Use a tool to help a friend. • ilaali nafsadaad isticmaal qalab siaad ucawisid saxiibkaga •  
• Linda usalama wako. Tumia njia yoyote ya kumuokoa rafiki yako. • Restez en sécurité. Prenez un outil pour aider un ami • Giữ cho bản thân an toàn. Sử dụng dụng cụ để giúp người bạn. • आफूलाई सुरक्षित राख्नुहोस्। मित्रलाई सहयोग गर्न एउटा उपकरणको प्रयोग गर्नुहोस् •



**Too Much Sun Is No Fun. • qoraxda saaidka xiiso malah • Jua kali sana sio mchezo • Trop de soleil n'est pas drôle •  
Nắng nhiều thì thiếu vui. • अति धेरै सूर्य वा घाम पनि रमाइलो(राम्रो) हुँदैन •**

Wear sunscreen and sun-protective clothing. • isticmaal saniskiriinka iyo dharka kailaaliyo qorxada • Vaa nguo za kuzuia mionzi ya jua pamoja na miwani ya jua. • Mettez des crèmes et des vêtements pour vous protéger du soleil • Thoa kem và mặc quần áo chống nắng . • सनस्क्रिन र सूर्य-सुरक्षात्मक कपडाहरु लगाउनुहोस् •